



# The Pulse

Olde Towne  
MEDICAL & DENTAL CENTER

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[www.oldetownemedicalcenter.org](http://www.oldetownemedicalcenter.org)

## March Highlights

National Nutrition Month

National Colorectal Cancer Awareness

National Brain Injury Awareness



## Olde Towne Medical & Dental Center distributes COVID-19 vaccine to some of our patients

Olde Towne Medical & Dental Center was recently able to give vaccines to a number of our patients in the 1B phase of the vaccine distribution.

Through Riverside Doctors' Hospital Williamsburg's generosity, 100 doses of the Moderna vaccine were allotted to Olde Towne to distribute to some of our high-risk patients. The vaccines were given to qualifying patients following the distribution guidelines from the Virginia Department of Health.

Many of the patients at OTMDC have chronic conditions such as diabetes, high blood pressure and other issues, making them at higher risk for complications if they were to contract the Covid-19 virus. Our ability to offer the vaccine to a number of these patients helps to improve the success of getting the vaccine to underserved populations in our community.

The staff was able to contact patients who qualified in the 1b phase and offer the vaccine in a very efficient and successful series of appointments. The patients receiving the vaccine were automatically set up for the second dose to fulfill their complete vaccination against the virus within the necessary timeframe for full vaccination.

It is another way OTMDC is continuing our mission to assure access to quality health and wellness care to the residents and workforce of the greater Williamsburg community.



## OTMDC Challenge Hosted by the Ford's Colony Men's Golf Association

May 5

*Rising To The Pandemic Challenge...Can't Stop Now!*

The annual golf tournament hosted by the Men's Golf Association benefits Olde

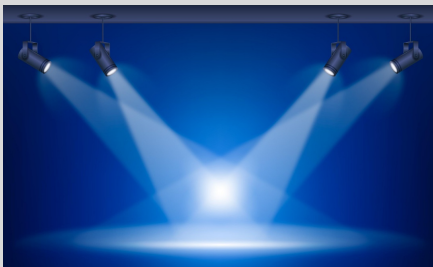
Towne Medical & Dental Center

For 26 years, the MGA has supported OTMDC with the OTMDC Challenge, which includes a Residents Campaign and a Golf Tournament supported by local businesses. Last April, Ford's Colony residents responded to the

Pandemic challenge with incredible generosity. The combined MGA 2020 contribution to OTMDC from the Residents Campaign and Golf Tournament was \$79,000 – the highest ever, bringing the total 25-year MGA contribution to over \$1.1MM.

But we *can't stop now*. OTMDC needs our help more than ever to continue to expand what they do and who they serve. If you are interested in participating in the tournament as a player or a sponsor, please visit the OTMDC website for information or if you would like to make a donation.

[www.oldetownmedicalcenter.org](http://www.oldetownmedicalcenter.org)



## Spotlight On...



### Wilma J. Bond, RN, BSN

Meet Wilma, one of our nurses at OTMDC. She has been at Olde Towne for almost twenty-four years! Wilma says there have been many changes with the facility and staff since she started her journey at OTMDC but she has never



### OTMDC Receives \$81K from Tidewater Orthopaedic and Careplex Orthopaedic ASC

Olde Towne was the recent recipient of a generous donation from our friends at Tidewater Orthopaedic and Careplex Orthopaedic Ambulatory Surgery Center. The funds were not restricted for specific use so the center is able to use of the funds in a number of ways. This allows for a broad spectrum of use for patient services especially during a pandemic when fundraising has been at a minimum.

Aaron Thompson, Executive Director of Olde Towne remarked, “We are extremely grateful for the generosity and partnership of both Tidewater Orthopaedics and Careplex Orthopaedic Ambulatory Surgery Center. Their vision for the need of quality health care in our community is evidenced by this philanthropic effort and will increase our success at providing that care to greater Williamsburg.”



### MEATLESS MONDAYS

Our staff has been trying out some new dishes together on Mondays. One staff member will fix a meatless dish for the staff to try each Monday in March. And wow - do we have some great cooks!

If you are interested in trying a new recipe or have been trying to go meatless for a meal or two, check out our Facebook page for recipes and ideas for going *Meatless on Monday*.  
[www.facebook.com/OTMDC](https://www.facebook.com/OTMDC) Recipes also available on our website

<https://www.oldetownmedicalcenter.org/whats-happening-at-olde-towne>

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regretted being an employee to this very day. She is the obstetrics case manager for our patients. Wilma also works with the nephrology patients. She does triage nursing for the center as well as helping with medication distribution for patients.

Wilma says it is so rewarding to be able to provide the optimum level of care, with great staff support, for our patients. "Our community cannot flourish without the support and dedication of Olde Towne." Wilma does plan to retire in 2022 but says that her memories here will last a lifetime.



Follow us:



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You can now pre-register for your free Covid-19 vaccination at **VaccinateVirginia.gov**. For information on how to register and more helpful details about the vaccines available, visit the Vaccinate Virginia website by clicking here:

<https://vaccinate.virginia.gov/>

OTMDC cannot pre-register you for the vaccine. You may only do that at the website for Vaccinate Virginia above.

*Olde Towne Medical & Dental Center is seeing patients in person on a limited basis to allow for safety protocols and additional cleaning between patient appointments as directed by the CDC Guidelines for treating patients during the pandemic. We also offer telehealth visits. No walk-in appointments available at this time.*

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